



GOLD
I N T H E N E T[®]

SINCE 1986

All Ages. All Levels. Goalie Excellence.

YOUTH DEVELOPMENT

Suitable for beginners or U7-U11 recreational goalies.

The Youth Development program is where a strong foundation is built to enable our students to progress onto higher levels of play. This program specializes in all the basic components of the position including Stance, Angles and Positioning, Tracking and the Butterfly and all its accompanying elements while creating a fun engaging learning atmosphere. Having strong fundamentals will allow the goalie to change and adapt as the game around them changes.

FEATURES:

- 2.25 Hours of Ice Daily
- 4:1 Goalie to Coach/Net Ratio
- Off Ice Skill Development (Drland, Ballwork, Stretching, Recovery, Lecture)
- Foot work, Pad Work, Introduction to Puck Handling
- Drill Session
- Shooter at every net
- Gold In The Net Jersey
- 11.25 total hours on ice

ELEVATE YOUR GAME